

SUBSTITUTIONS (LAW 3)

A player who is being substituted must leave the field by the nearest point on the touchline/goal line (unless the referee indicates the player can leave quickly/ immediately at the halfway line or a different point because of safety, injury etc.).

GOAL KICK (LAW 16)

The ball is in play once the kick is taken; it can be played before leaving the penalty area.

FREE KICKS (LAW 13)

- When there is a 'wall' of three or more defenders, the attackers are not allowed within 1m (1 yd) of the wall; an attacker less than 1m (1yd) from the 'wall' when the kick is taken will be penalized with an indirect free kick;
- When the defending team takes a free kick in their own penalty area, the ball is in play once the kick is taken; it does not have to leave the penalty area before it can be played.

QUICK FREE KICK AND YELLOW CARD/RED CARD (LAW 12)

If the referee is about to issue a Yellow Card/Red Card but the non-offending team takes the free kick quickly and creates a goal-scoring opportunity, the referee can delay the Yellow Card/Red Card until the next stoppage if the offending team was not distracted by the referee.

HANDBALL (LAW 12)

Deliberate handball remains an offence. The following 'handball' situations, even if accidental, will be a free kick:

- The ball goes into the goal after touching an attacking player's hand/arm;
- A player gains control/possession of the ball after it touches their hand/arm and then scores, or creates a goal-scoring opportunity;
- The ball touches a player's hand/arm which has made their body unnaturally bigger;
- The ball touches a player's hand/arm when it is above their shoulder (unless the player has deliberately played the ball which then touches their hand/arm)

The following will not usually be a free kick, unless they are one of the above situations:

- The ball touches a player's hand/arm directly from their own head/body/foot or the head/body/foot of another player who is close/near;
- The ball touches a player's hand/arm which is close to their body and has not made their body unnaturally bigger;
- If a player is falling and the ball touches their hand/arm when it is between their body and the ground to support the body (but not extended to make the body bigger);
- If the goalkeeper attempts to 'clear' (release into play) a throw-in or deliberate kick from a team-mate but the 'clearance' fails, the goalkeeper can then handle the ball

KICK-OFF (LAW 8)

The team that wins the toss can now choose to take the kick-off or which goal to attack.

(Previously they only had the choice of which goal to attack).

DROPPED BALL (LAW 8 & 9)

- If play is stopped inside the penalty area, the ball will be dropped for the goalkeeper;
- If play is stopped outside the penalty area, the ball will be dropped for one player of the team that last touched the ball at the point of the last touch;
- In all cases, all the other players (of both teams) must be at least 4m (4.5yds) away;
- If the ball touches the referee (or another match official) and goes into the goal, team possession changes or a promising attack starts, a dropped ball is awarded.

TEAM OFFICIALS (LAW 5 & 12)

A team official guilty of misconduct will be shown a Yellow Card (caution) or Red Card (sending-off); if the offender cannot be identified, the senior coach who is in the technical area at the time will receive the Yellow Card/Red Card.

(See reverse side for list of offences)

WARNINGS:

The following offences should usually result in a warning; repeated or blatant instances should result in a caution or sending-off:

- Entering the field of play in a respectful/non-confrontational manner;
 - Failing to cooperate with a match official e.g. ignoring an instruction/request from an assistant referee or the fourth official;
 - minor/low-level disagreement (by word or action) with a decision;
 - Occasionally leaving the confines of the technical area without committing another offence
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YELLOW CARD:

Caution offences include (but are not limited to):

- Clearly/persistently not respecting the confines of their team's technical area;
 - Delaying the restart of play by their team;
 - Deliberately entering the technical area of the opposing team (non-confrontational);
 - Dissent by word or action including:
 - ✓ throwing/kicking drinks bottles or other objects;
 - ✓ gestures which show a clear lack of respect for the match official(s) e.g. sarcastic clapping
 - Excessively/persistently gesturing for a red or yellow card;
 - Gesturing or acting in a provocative or inflammatory manner;
 - Persistent unacceptable behaviour (including repeated warning offences);
 - Showing a lack of respect for the game
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SEND-OFFS (RED CARD):

- Delaying the restart of play by the opposing team e.g. holding onto the ball, kicking the ball away, obstructing the movement of a player;
- Deliberately leaving the technical area to:
 - ✓ Show dissent towards, or remonstrate with, a match official;
 - ✓ Act in a provocative or inflammatory manner;
 - ✓ Enter the opposing technical area in an aggressive or confrontational manner;
 - ✓ Deliberately throwing/kicking an object onto the field of play;
 - ✓ Entering the field of play to:
 - Confront a match official (including at half-time and full-time);
 - Interfere with play, an opposing player or match official
- Physical or aggressive behaviour (including spitting or biting) towards an opposing player, substitute, team official, match official, spectator or any other person (e.g. ball boy/girl, security or competition official etc.);
- Receiving a second caution in the same match;
- Using offensive, insulting or abusive language and/or gestures;
- Using unauthorised electronic or communication equipment and/or behaving in an inappropriate manner as the result of using electronic or communication equipment;
- Violent conduct